OVERVIEW

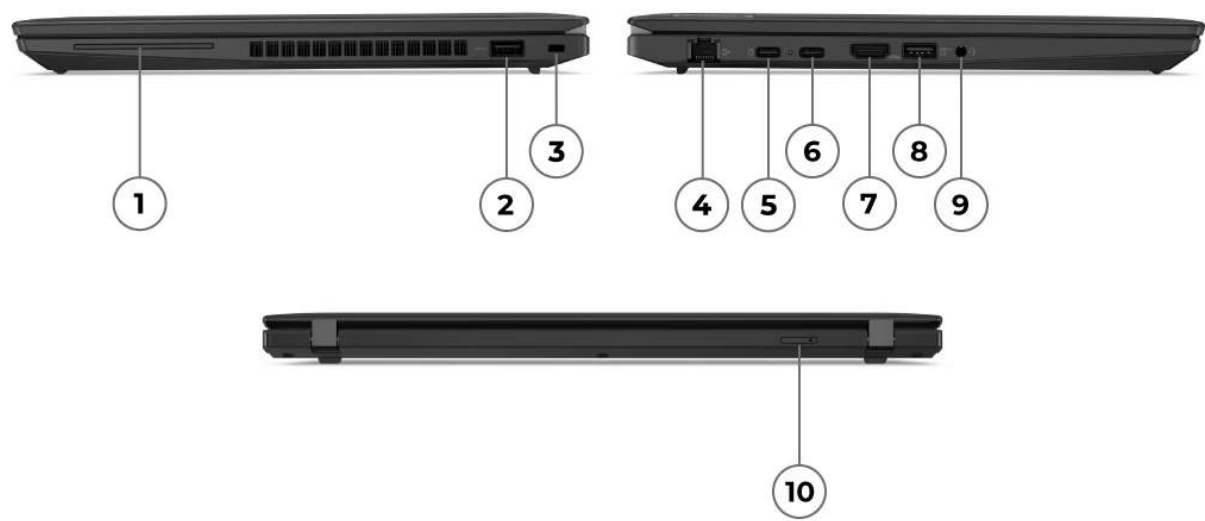|	
1. Smart card reader *	6. USB-C 3.2 Gen 2
2. USB 3.2 Gen 1	7. HDMI
3. Kensington Nano Security Slot	8. USB 3.2 Gen 1 (Always On)
4. Ethernet (RJ-45)	9. Headphone / microphone combo jack (3.5mm)
5. USB4 40Gbps	10. Nano-SIM card slot *

Notes:
- Items with * are only available on selected models

PERFORMANCE

Processor

Processor Family

AMD Ryzen™ 5 / 7 Processor

Processor**

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Processor Graphics	NPU
AMD Ryzen™ 5 PRO 7540U	6	12	3.2GHz	4.9GHz	6MB L2 / 16MB L3	AMD Radeon™ 740M	-
AMD Ryzen™ 7 PRO 7840U	8	16	3.3GHz	5.1GHz	8MB L2 / 16MB L3	AMD Radeon™ 780M	AMD Ryzen™ AI

AI (Artificial Intelligence)

AI PC Category

AI PC[1]

NPU

Integrated AMD Ryzen™ AI, up to 10 TOPS[2]

Notes:

[1], [2] Only for the models with AMD Ryzen™ 7 PRO 7840U processor.

Operating System

Operating System**

- Windows® 11 Pro
- Windows® 11 Home
- Windows® 11 Home Single Language
- Windows® 11 DG Windows® 10 Pro 64
- Ubuntu Linux[1]
- Linux[2]
- No preload operating system

Notes:

[1], [2] Some features may not be supported on the system with Linux preload, including but not limited to Intel® RST RAID, MIPI computer vision camera, WWAN, Human Presence Detection, etc.

Graphics

Graphics**

Graphics	Type	Memory	Key Features
AMD Radeon™ 740M	Integrated	Shared	DirectX® 12
AMD Radeon™ 780M	Integrated	Shared	DirectX® 12

Monitor Support

Monitor Support

Supports up to 4 independent displays (native display and 3 external monitors via HDMI®, USB-C® and USB4®)
• HDMI® supports up to 4K@60Hz
• USB-C® supports up to 4K@60Hz (4 displays output), 5K@60Hz (3 displays output) or 5K@120Hz (up to 2 displays output)
• USB4® supports up to 4K@60Hz (4 displays output), 5K@60Hz (3 displays output) or 5K@120Hz (up to 2 displays output)

Chipset

Chipset

AMD SoC (System on Chip) platform

Memory

Max Memory

- 8GB soldered memory, not upgradable
- 16GB soldered memory, not upgradable
- 32GB soldered memory, not upgradable

Memory Slots

Memory soldered to systemboard, no slots, dual-channel

Memory Type**

- LPDDR5-6400 (8GB)
- LPDDR5x-6400 (16GB or 32GB)[1]

Notes:

[1] Installed memory is actually LPDDR5x-7500 but run as LPDDR5x-6400 due to platform limitation.

Storage

Storage Support[1]

One drive, up to 2TB M.2 2280 SSD

Storage Slot

One M.2 2280 PCIe® 4.0 x4 slot

Storage Type**

Disk Type	Interface	Offering	Security
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4	256GB / 512GB / 1TB	Opal 2.0
M.2 2280 SSD	PCIe® NVMe®, PCIe® 4.0 x4 Performance	512GB / 1TB / 2TB	Opal 2.0

Notes:

[1] The storage capacity supported is based on the test results with current Lenovo® storage offerings.

Removable Storage

Card Reader

No card reader

Multi-Media

Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

Speakers

Stereo speakers, 2W x2, Dolby Audio™

Microphone

- Dual-microphone array, 360° far-field, Dolby Voice®
- No microphone[1]

Camera**

- 5.0MP + IR discrete, with privacy shutter, fixed focus
- FHD 1080p + IR hybrid, with privacy shutter, fixed focus
- HD 720p, with privacy shutter, fixed focus
- No camera[2]

Notes:

[1] No microphone is for special bid only.
[2] No camera is for special bid only.

Battery

Battery**[1]

- Integrated Li-Polymer 39.3Wh battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter
- Integrated Li-Polymer 52.5Wh battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter

Battery Life[2]

Configuration 1 (max battery life)
MobileMark® 25: up to 14.3 hr with 692 performance score @250nits
JEITA 2.0: up to 22.0 hr @150nits
Local video playback: up to 17.6 hr @150nits

Alternate configuration 2
MobileMark® 25: up to 10.3 hr with 647 performance score @250nits
JEITA 2.0: up to 16.1 hr @150nits
Local video playback: up to 14.1 hr @150nits

Alternate configuration 3
MobileMark® 25: up to 5.0 hr with 645 performance score @250nits
JEITA 2.0: up to 7.4 hr @150nits
Local video playback: up to 7.6 hr @150nits

Notes:

[1] Rapid charge is only guaranteed when the computer is turned off or in standby mode or in hibernation mode. When the computer is powered on, the Charge Time will vary depending on system power consumption and AC adapter power.
[2] Configuration 1 (max battery life): WUXGA Low Power (non-touch), AMD Ryzen™ 7 PRO 7840U, 16GB LPDDR5x, Win 11, 52.5Wh battery, best power efficiency power mode
Alternate configuration 2: WUXGA 300nits (touch), AMD Ryzen™ 5 PRO 7540U, 16GB LPDDR5x, Win 11, 52.5Wh battery, best power efficiency power mode
Alternate configuration 3: 2.8K OLED (non-touch), AMD Ryzen™ 5 PRO 7540U, 32GB LPDDR5x, Win 11, 39.3Wh battery, best power efficiency power mode

All battery life claims are approximate maximum and based on results using MobileMark® 25, JEITA 2.0, continuous 1080p local video playback (using default Media Player in Fullscreen mode with 150nits brightness and default volume level), or Google Power Load Test (PLT) battery-life benchmark tests.
Actual battery life will vary depending on many factors such as product configuration, software, wireless functionality, power management settings, and screen brightness.
The maximum capacity of the battery will decrease with time, ambient temperature and use.
Refer to Microsoft® link for more information about the Windows® Performance power slider.

Power Adapter

Power Adapter**[1]

- 45W USB-C® (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 45W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® slim (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C® slim (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- No power adapter[2]

Notes:

[1] AC adapter offerings depend on the country.
[2] No power adapter is for special bid only.

DESIGN

Display

Display**

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Viewing Angle (L/R/U/D)	Key Features
14″	WUXGA (1920x1200)	None	IPS[1]	300nits	Anti-glare	16:10	700:1	45% NTSC	85° / 85° / 85° / 85°	-
14″	WUXGA (1920x1200)	Multi-touch	IPS[2]	300nits	Anti-glare	16:10	700:1	45% NTSC	85° / 85° / 85° / 85°	-

14"	WUXGA (1920x1200)	None	IPS[3]	400nits	Anti-glare	16:10	800:1	100% sRGB	85° / 85° / 85° / 85°	Low power, Eyesafe® Certified 2.0
14"	WUXGA (1920x1200)	Multi-touch	IPS[4]	500nits	Anti-glare	16:10	1000:1	100% sRGB	85° / 85° / 85° / 85°	ThinkPad® Privacy Guard
14"	2.2K (2240x1400)	None	IPS[5]	300nits	Anti-glare	16:10	1500:1	100% sRGB	85° / 85° / 85° / 85°	Eyesafe® Certified 2.0
14"	2.8K (2880x1800)	None	OLED	400nits	Anti-glare, anti-reflection, anti-smudge	16:10	100,000:1	100% DCI-P3	85° / 85° / 85° / 85°	DisplayHDR™ True Black 500, Dolby Vision®, Eyesafe® Certified 2.0

Touchscreen

- On-cell multi-touch, supports 10-point touch
- Non-touch

Notes:

[1], [2], [3], [4], [5] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Input Device

Pen

No support

Keyboard

6-row, spill-resistant, multimedia Fn keys with Unified Communications controls

Keyboard Backlight

- LED backlight
- Non-backlight

UltraNav™

TrackPoint® pointing device and glass-like Mylar® surface multi-touch touchpad, 61 x 115 mm (2.40 x 4.53 inches)

Mechanical

Dimensions (WxDxH)[1]

317.7 x 226.9 x 17.9 mm (12.51 x 8.93 x 0.70 inches)

Weight[2]

Models	Weight
Models with thunder black cover and 39.3Wh battery	Starting at 1.35 kg (2.96 lbs)
Models with storm grey cover and 39.3Wh battery	Starting at 1.38 kg (3.05 lbs)
Models with thunder black cover and 52.5Wh battery	Starting at 1.39 kg (3.05 lbs)
Models with storm grey cover and 52.5Wh battery	Starting at 1.42 kg (3.13 lbs)

Case Color**

- Storm grey
- Thunder black

Case Material**

- Storm grey models: aluminium (top), aluminium (bottom)
- Thunder black models: carbon fiber hybrid (top), PPS (bottom)

Notes:

[1] The system dimensions may vary depending on configurations.

[2] The system weight is approximate and based on results in Lenovo® lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.

CONNECTIVITY

Network

Ethernet

Gigabit Ethernet, Realtek® RTL8111EPV, 1x RJ-45, supports Wake-on-LAN

WLAN + Bluetooth®**[1]

- MediaTek Wi-Fi® 6E RZ616, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.3
- Qualcomm® Wi-Fi® 6E NFA725A, 802.11ax 2x2 Wi-Fi® + Bluetooth® 5.3

WWAN**

- Wireless WAN upgradable to 4G (with antenna ready)
- Quectel EM05-G, 4G LTE CAT4, M.2 card, with embedded eSIM functionality
- Fibocom L860-GL-16, 4G LTE CAT16, M.2 card, with embedded eSIM functionality
- No support

SIM Card

No physical SIM card inbox

NFC

- Near Field Communication
- No support

Notes:

[1] Wi-Fi® 6E full features might be limited by country-level restrictions.
Wi-Fi® 6E is only enabled on Windows® 11 and operates as Wi-Fi® 6 with Windows® 10.
6GHz Wi-Fi® 6E operation is dependent on the support of the operating system, routers/APs/Gateways that support Wi-Fi® 6E, and the regional regulatory certifications & spectrum allocation.
Bluetooth® 5.3 operation requires Windows® 11. For more information please visit General Bluetooth® Support Information on Microsoft®.

Ports[1]

Standard Ports

- 1x USB 3.2 Gen 1
- 1x USB 3.2 Gen 1 (Always On)
- 1x USB-C® 3.2 Gen 2 (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4a)
- 1x USB4® 40Gbps (support data transfer, Power Delivery 3.0 and DisplayPort™ 1.4a)
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Optional Ports***

- 1x Smart card reader
- 1x Nano-SIM card slot (WWAN support models)

Notes:

[1] The transfer speed of following ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.
USB 2.0: 480 Mbit/s;
USB 3.2 Gen 1 (SuperSpeed USB 5Gbps, formerly USB 3.0 / USB 3.1 Gen 1): 5 Gbit/s;
USB 3.2 Gen 2 (SuperSpeed USB 10Gbps, formerly USB 3.1 Gen 2): 10 Gbit/s;
USB4® 20Gbps / USB 3.2 Gen 2x2 (SuperSpeed USB 20Gbps): 20 Gbit/s;
USB4® 40Gbps (USB 40Gbps): 40 Gbit/s;
Thunderbolt™ 3/4: 40 Gbit/s.

Docking

Docking

Various docking solutions supported via USB-C®.
For more compatible docking solutions, please visit Docking for ThinkPad® T14 Gen 4 (AMD)

SECURITY & PRIVACY

Security

Security Chip

Discrete TPM 2.0 (TCG certified, FIPS 140-2 certified) and Microsoft® Pluton TPM 2.0, one enabled at one time

Physical Locks

Kensington® Nano Security Slot™, 2.5 x 6 mm

Smart Card Reader

- Smart card reader, supports ISO 7816 and EMV
- No smart card reader

Fingerprint Reader[1]

- Touch style fingerprint reader integrated in power button, match-on-chip
- No fingerprint reader

BIOS Security

- NVMe® password
- Power-on password
- Supervisor password
- System management password
- Certificate based BIOS authentication
- FIDO (Fast Identity Online) authentication
- Self-healing BIOS

Other Security

- Camera privacy shutter (camera models)
- Glance by Mirametrix®
- Privacy Guard with Privacy Alert (models with ThinkPad® Privacy Guard display)
- Ultrasonic Human Presence Detection (IR camera models)
- (Optional) IR camera for Windows® Hello (facial recognition)

Notes:

[1] Fingerprint reader is standard on storm grey models and optional on thunder black models.

MANAGEABILITY

System Management

System Management

DASH

SERVICE

Warranty

Base Warranty**

- 1-year courier or carry-in service
- 1-year courier or carry-in with 2-year system board service (Korea only)
- 1-year limited onsite service
- 3-year (1-yr battery) courier or carry-in service
- 3-year (1-yr battery) limited onsite service
- No base warranty[1]

Notes:

[1] No base warranty is for special bid only.

ACCESSORIES

Bundled Accessories

Bundled Accessories***[1]

- Lenovo® HDMI® to VGA Monitor Adapter
- Lenovo® USB-C® to DisplayPort™ Adapter
- Lenovo® USB-C® to Ethernet Adapter (1Gbps)

- Lenovo® USB-C® to VGA Adapter
- None

Notes:

[1] For more compatible accessory solutions, please visit [Accessories for ThinkPad® T14 Gen 4 (AMD)](#).

OPERATING REQUIREMENTS

Operating Environment

Temperature[1]

- Operating: 5°C (41°F) to 35°C (95°F)
- Storage and transportation in original shipping package: -20°C (-4°F) to 60°C (140°F)
- Storage without package: 5°C (41°F) to 43°C (109°F)

Relative Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

Notes:

[1] When you charge the battery, its temperature must be no lower than 10°C (50°F).

ENVIRONMENTAL

Sustainability

Material[1]

50% recycled aluminium on storm grey top cover
55% recycled aluminium on storm grey bottom cover
90% recycled magnesium on keyboard frame
90% PCC recycled plastic used in speaker enclosure
90% PCC recycled plastic used in the 39.3Wh and 52.5Wh battery enclosure
90% PCC recycled plastic used in standard 45W and 65W adapters
Low-temperature solder
Standard packaging: 90% plastic free packaging
Bulk packaging: 90% recycled and FSC certified content

Notes:

[1] PCC: Post Consumer Content, recycled materials from customers.

CERTIFICATIONS

Green Certifications[1]

Green Certifications[2]

- ENERGY STAR® 8.0
- EPEAT™ Gold Registered[3]
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 9.0

Notes:

[1] The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration. For ESG & regulatory compliance documents, please visit https://compliance.lenovo.com.
[2] EPEAT™ registration and ENERGY STAR® certification are optional and only available on the models with preloaded OS. Please visit [epeat.net](#) and [energystar.gov](#) for more information.
[3] EPEAT™ is registered where applicable, please visit [epeat.net](#) for registration status by country.

Other Certifications

Mil-Spec Test

MIL-STD-810H military test passed

Other Certifications

(Optional) Eyesafe® Certified 2.0

- Feature with ** means that only one option listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
- Feature with *** means that one or more options listed under the feature can be configured on selected models. Please refer to the model configuration for specific information.
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